

Warning Signs of Stroke

Stroke is
a medical
emergency.
Know the signs,
reduce your risk,
protect your life!

1

Sudden numbness
or weakness of
face, arm or leg,
especially on one
side of the body



2

Sudden trouble
seeing or loss of
vision in one or
both eyes



3

Sudden, severe
headaches with
no known cause



4

Sudden confusion,
trouble speaking
or understanding
speech



5

Sudden
trouble walking,
dizziness,
loss of balance or
coordination



**If you experience any of these warning signs, get help!
Call 9-1-1 immediately.**

You Can Lower Your Risk of Stroke by

- ♥ Getting your blood pressure checked regularly
- ♥ Being physically active
- ♥ Quitting smoking
- ♥ Taking prescribed medications properly
- ♥ Eating a low-fat diet
- ♥ Not drinking alcohol excessively

*The American Heart Association sponsors
the Stroke Connection Warmline for stroke
survivors, their caregivers and families. Call*

1-800-553-6321

**American Heart
Association®**

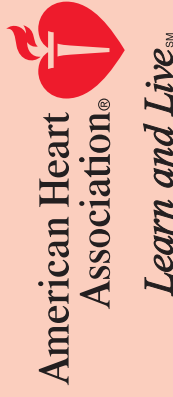


Learn and LiveSM

*For more information, please call the American Heart Association at
1-800-AHA-USA1 or visit our Web site at <http://www.americanheart.org>*



**Heart & Stroke
Disease & Prevention**
Strengthening the Chain of Survival



www.scdhec.gov/hdsp

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